Emotional Intelligence 101 (Paperback)

By Professor Gerald Matthews, Moshe Zeidner, Richard D. Roberts

Springer Publishing Co Inc, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book. As the first science-based introduction to the topic, this latest addition to The Psych 101 Series discusses one of the most pivotal new psychological concepts of the twenty-first century: emotional intelligence (EI). Concise yet comprehensive, it provides a critical but balanced account of this new research area, emphasizing what psychologists can learn from the emerging science of EI and how it may help treat mental illness and delinquency, among other issues. An appropriate text for students and practitioners alike, it presents an even-handed appraisal of EI programs, focusing on both their potential and their limitations. Key Features: * Discusses how EI can improve student learning and enhance key work skills such as communication and teamwork * Covers key research issues, including methods for measuring EI, its overlap with conventional ability and personality traits, and the validity of testing for EI * Reviews applied studies and the contribution that research on EI may make to address real-world personal and societal problems * Examines the main conceptual, measurement, and research issues identified in various lines of research, most conducted within the last ten years.

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