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BOWLING ANALYZED (CLASSIC REPRINT)



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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Bowling Analyzed Bowling Analyzed grew from the requests of students of the authors while they were teaching bowling and professional physical education classes at the University of Washington. Many of these students were preparing for a career of teaching in physical education and expressed a need for a book on bowling which could be used as an instructor s manual, a text, or a ready reference for the beginning, intermediate and advanced bowler. This volume was undertaken to fill that need, and in its pages will be found both detailed analyses of the techniques of bowling and specific methods of presenting material. The authors are aware of the many varied and ofttimes successful methods of teaching bowling, and they wish to emphasize that the ideas presented here are not laid down in a dogmatic way; rather, they are offered as sound and tried practical procedures. Today, a strong trend in all education moves in the direction of education for social living in a democratic society. To be socially efficient, an individual needs certain recreational skills in such activities as dancing, swimming, golf, and bowling. These skills are a part of the equipment of any well-rounded person. The authors hope that this book will serve a double purpose: (1) that of preparing teachers for an important and pleasurable part of the school program and (2) that of interesting the intelligent amateur who wishes to improve his own skill and, consequently, his enjoyment of one of the grandest of the popular sports. The authors are fully cognizant of the importance of photographs and diagrams in bringing an activity book to life. Therefore, an expression of sincere appreciation...

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