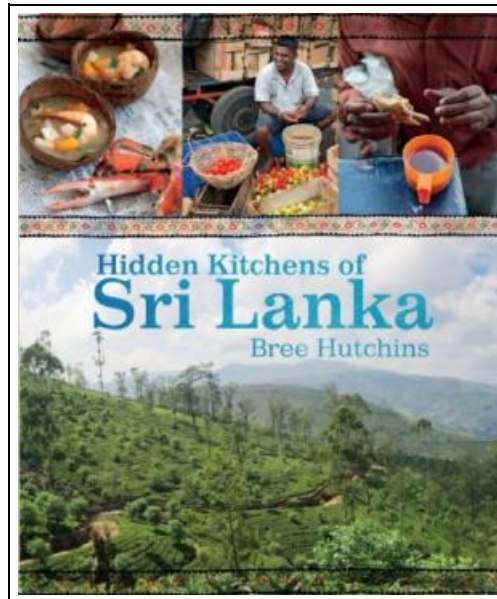


## Hidden Kitchens of Sri Lanka (Hardback)



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MURDOCH BOOKS, Australia, 2015. Hardback. Condition: New. Language: English . Brand New Book. Take an evocative journey into the heart of the real Sri Lanka and discover the central role food plays in the country s way of life in this stunning new collection of recipes and stories. Divided according to region, Hidden Kitchens of Sri Lanka interweaves recipes with heartfelt stories of everyday life from locals who opened their hearts, homes and kitchens. On the Jaffna Peninsula war widows cook crab curry and fry spicy snacks, while in a remote eastern village, local man Sumith stirs vats of smoky milk toffee over an open fire in a factory behind his home. Food is prepared for a Hindu festival, and old William boils up his Ceylon tea at Colombo s dawn wholesale market, just as he s done every day for the past sixty years. Hidden Kitchens of Sri Lanka includes over 60 recipes for everything from fragrant fish curry to vegetable roti rolls, spicy coffee to sweet rice pudding along with a full glossary of Sri Lankan ingredients and cooking equipment. A moving yet hopeful picture of the country today, Hidden Kitchens of Sri Lanka is far more than a collection of traditional recipes; it is a book as much about the inspiring people as it is about their food. Key Selling Points: more than 60 recipes from around Sri Lanka, from bustling Colombo to remote coastal paradise beautiful location photography Organised region by region, packed with information on Sri Lanka s history and culture Recipes include everything from street food (and, of course, tea) to special festival meals.



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