



## In Defense of Adversity: Turning Your Toughest Challenges Into Your Greatest Success (Paperback)

By Steve Gavatorta

Richter Publishing LLC, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In our high tech, fast-paced, rapidly changing world, adversity is hitting us at speeds significantly faster than ever-and at a younger age-leaving us little time to respond and arming us with far too few tools for controlling that response in a productive manner. It s easy for a person to become averse to risk and to become frustrated and afraid of things when he or she lacks the tools to handle them. In this Amazon Best Selling book, author Steve Gavatorta will give you the resources to survive in this ever changing world. Praise for In Defense of Adversity Highly successful people know how to grind in the face of adversity - how to stay persistent and determined despite obstacles. In Defense of Adversity gives readers skills and strategies that lay the perfect foundation for grinding through obstacles on their way to reaching their goals. - Barry Alvarez, Director of Athletics University of Wisconsin and former football coach Trials and tribulations are a part of everyone s life - from daily annoyances to life-changing events. Our ability to successfully overcome adversity, in...



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