

Pain Relief: 30 Homemade Remedies for with Essential Oils and Herbs (Paperback)



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Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

PAIN RELIEF: 30 HOMEMADE REMEDIES FOR WITH ESSENTIAL OILS AND HERBS (PAPERBACK)



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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Pain Relief: 30 Homemade Remedies for With Essential Oils and Herbs Nobody likes to deal with pain. Body aches or joint stiffness, muscle cramps, headaches, the list goes on. Though some have learned to live with the discomfort, no one enjoys living life that way. But pain medication is so expensive, and there are so many side effects listed you begin to wonder if it s even worth the trouble of taking any. You want relief, but relief that doesn t bring its own set of trouble to the table. Herbal remedies and essential oils have been around for thousands of years, and there is a reason they have stood the test of time. These remedies have proven themselves time and time again to be the best option for pain relief, easing your discomfort without giving you a list of side effects you must worry about. But how do you use these herbs? How do you know which herbs to use, and which oils are going to give you the relief you need? How do you get maximum benefit from the herbs when they don t have a dosage label on them? That s where this book comes in. In it, I am going to show you how to use essential oils and herbal remedies to treat all the pain and discomfort you have been dealing with. From teas and tonics to diffusing oils into the air, this book has what you need to feel better instantly, completely, and naturally. Learn how to use essential oils to relieve body...



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