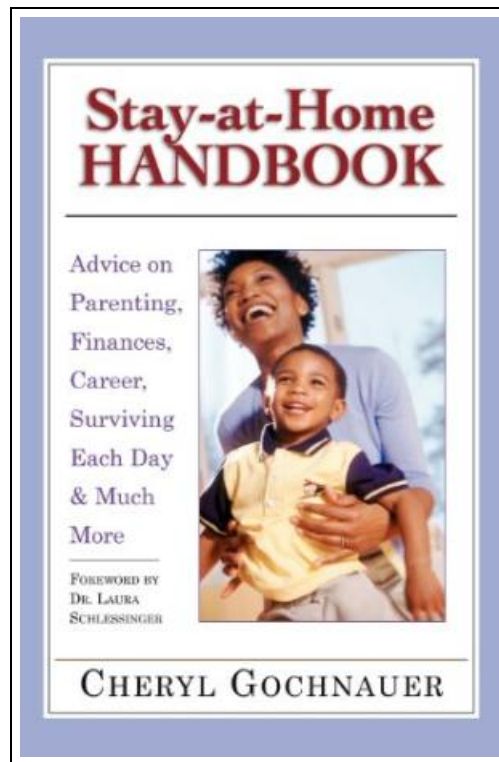


## Stay-At-Home Handbook: Advice for Parenting, Finances, Career, Surviving Each Day Much More



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## STAY-AT-HOME HANDBOOK: ADVICE FOR PARENTING, FINANCES, CAREER, SURVIVING EACH DAY MUCH MORE



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IVP Books. Paperback. Condition: New. 204 pages. Dimensions: 8.3in. x 5.5in. x 0.6in. Is your home number your work number too? If you are a stay-at-home parent, you know the workday never really ends. And every day brings both all-too-familiar challenges and unexpected joys. How do you keep it together--physically, mentally, emotionally and spiritually? Cheryl Gochnauer's previous book, *So You Want to Be a Stay-at-Home Mom*, helped parents consider what staying home requires and whether that choice was the best for them and their families. In this new guidebook Gochnauer tackles common--but often difficult--questions and challenges that beset stay-at-home parents: retaining an individual identity, feeling appreciated, viewing childrearing as a valid career choice, spending wisely, resisting guilt, evaluating work-at-home opportunities, handling sibling rivalry, volunteering at your child's school, succeeding as a stay-at-home dad, avoiding the TV, getting help with chores, setting a godly example, nurturing your spiritual growth. Forty-two brief chapters cover a variety of topics and can each be read in about ten minutes. Gochnauer also includes an appendix on networking opportunities for stay-at-home parents and a helpful listing of ministries and organizations that offer parenting resources, services and conferences (all accessible on the Internet). If you are a mom or dad at home part-time or full-time, you'll find immense encouragement--plus practical advice from one who has been there (and still is!)--in *Stay-at-Home Handbook*. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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