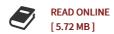




Mentalization-Based Group Therapy (MBT-G): A Theoretical, Clinical, and Research Manual

By Medical Director Sigmund Karterud

Oxford University Press, United Kingdom, 2015. Paperback. Book Condition: New. 234 x 161 mm. Language: English. Brand New Book. Mentalization-based treatment (MBT) has gained international acclaim as an efficient treatment for patients with borderline personality disorder. The approach is also helpful for other personality disorders and conditions that are difficult to treat, e.g. addiction and eating disorders. MBT consists of a psychoeducational, an individual, and a group therapy component. This is the first comprehensive manual for mentalization-based group therapy. The author has developed the manual in close cooperation with Anthony Bateman and a team of group analysts. It covers all the aspects of MBT which are necessary to produce an informed and qualified group therapist. The book covers the theory behind mentalization and borderline personality disorder (especially its evolutionary roots), the structure of MBT and a discussion of previous experiences with group psychotherapy for borderline patients. The core of the book explains the main principles of MBT-G and provides a powerful means for ensuring that therapists adhere to these principles in a qualified way. The last part contains a full transcript from a real MBT group composed of borderline patients. As the first book dedicated to Group MBT, this...



Reviews

Very beneficial to all category of folks. We have study and that i am sure that i will planning to go through yet again again in the future. Its been printed in an extremely straightforward way in fact it is just soon after i finished reading this pdf where actually changed me, alter the way i really believe.

-- Emmett Mann

Comprehensive information! Its this sort of great go through. It really is rally interesting through studying time. I am just quickly can get a satisfaction of looking at a created pdf.

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