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## The Golden Keys-To Healing the Spiritual, Emotional, Mental, Physical (Paperback)

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By Lionel Sabourin

Balboa Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The subconscious mind is a huge repository system, and it does not know what reality is, other than what you tell it. Then it will repeat those thoughts, beliefs, patterns, and create your outer reality. Everything starts with a thought. So what did you tell your subconscious, especially when you were young? I had allowed others to program me-my parents, teachers, churches, governments, society. The subconscious then created aspects, sub-personalities that developed their own view of reality. Do you remember every decision that you made and thought was real? I didn't, yet one decision I did when I was twenty months affected me until I was about forty-seven years old. That decision was I can't do what I want. I kept being blocked by my own subconscious mind because of what I had told it. There are many other examples in the book of how decisions can affect life, decisions about money, relationships, intimacy, weight /diets, diseases, cancer, arthritis, fibromyalgia, anxieties, depression, etc. I hope you find some answers by reading this book.

### Reviews

*Very beneficial for all type of folks. It can be really intriguing through studying time. You will like how the writer publish this ebook.*  
-- **Nathan Cruickshank**

*Totally one of the better pdf I have at any time read through. It really is simplified but shocks within the 50 % from the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*  
-- **Mariano Spinka**