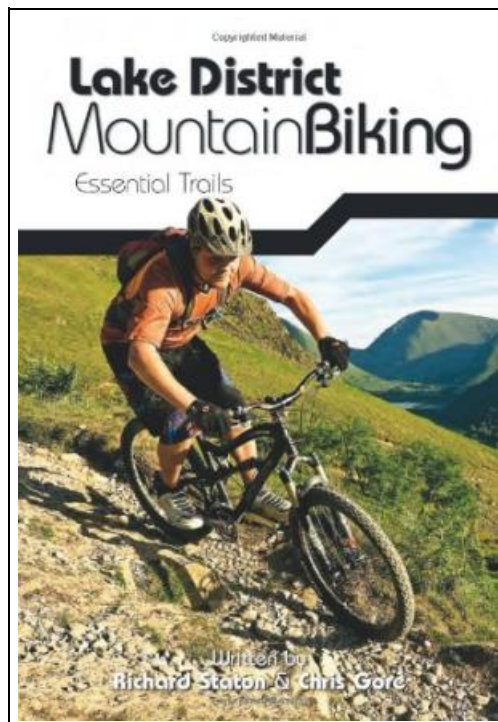


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Vertebrate Graphics Ltd, United Kingdom, 2010. Paperback. Condition: New. John Coefield (illustrator). 2nd edition. Language: English . Brand New Book. Lake District Mountain Biking - Essential Trails is the full second edition of this bestselling guidebook. Featured are 26 of the best mountain bike rides in the Lake District, between 12km and 60km in length, suitable for all levels of mountain bikers. All route information has been thoroughly checked for this new edition, to give the most up-to-date and comprehensive guidebook to some of the best mountain biking in the UK. As with all new Vertebrate MTB guidebooks, this new edition features industry-standard Ordnance Survey mapping, and is illustrated with stunning, all-new action photography. You can explore classic rides around Walna Scar, High Street and Borrowdale, and discover several lesser-known gems. You can ride moorland singletrack, tackle massive climbs and rattle along some of the rockiest trails you ll ever encounter on two wheels. You can enjoy lakeside cruises, picturesque valleys and 360[degrees] panoramas. Researched, ridden and written by local riders, each route features clear and easy to use Ordnance Survey 1:50,000 maps, easy-to-follow directions, details of distance, timings and difficulty gradings, and refreshment stops and local knowledge. This title contains a Bonus Section that includes information about the man-made trails at Whinlatter and Grizedale, Top Tens and a detailed Appendix. Vertebrate Publishing is one of a new breed of independent publishers, dedicated to producing the very best outdoor titles. We have award-winning and bestselling titles covering a range of activities, including; mountain biking, cycling, rock climbing, hillwalking and others. Our autobiography of British rock climber Jerry Moffatt won the Grand Prize at the 2009 Banff Mountain Book Festival - one of the biggest prizes in publishing in the outdoors, environment and adventure genres. For more information about Vertebrate Publishing...



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