



Off Trail Lessons Learned from Unforeseen Breast Cancer Detours: Dense Tissue Concerns Rehabilitative Challenges Teenage and Family Coping Emotion

By Jenny Glikin R. N.

Cardinal Health Information, LLC. Paperback. Condition: New. 240 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. This narrative describes, and by extension highlights, off-trail breast cancer topics; diagnosis challenges, why more complication awareness is needed, how complementary approaches can help manage ongoing pain and fatigue, the importance of medical selfinvolvement, and the potential long-term benefits of a double mastectomy choice. The medical perspective is part of the equation: the built-in barriers of the American health care system; the damaging effects of malpractice lawsuits; why physical therapy can be counterproductive; the reasons why breast cancer screenings are challenging for all parties involved; why different practitioners make different treatment recommendations, and how difficult it is to effectively manage breast cancer complications. Medical detours have personal and social repercussions. Therefore, this book incorporates in-depth personal insights and social scenarios. Marital challenges, along with ideas to help older teenagers through a parents breast cancer diagnosis are part of the account, as are emotional and spiritual considerations. Part of the narration is a step-bystep journey, including a journal. The medical information is well-referenced, and books and websites are suggested on a variety of topics. An index is included in the printed version, references and websites are linked...



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