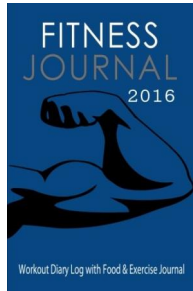


## Fitness Journal 2016: Workout Diary Log with Food and Exercise Journal



### Book Review

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