



The Final Journey: Mastering the Art of Dying (Paperback)

By Zoran Minov

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The ultimate journey for all humans is both absolutely universal-and utterly alone. For many people who are embarking on this inevitable path, fear and negative emotions can transform this natural process into a less than pleasant journey. It is for this reason that author Zoran Minov has created The Final Journey: Mastering the Art of Dying, his illuminating roadmap to the passage of death that is certain to ease any individual through this ultimate life experience. Minov embarks on this journey by presenting the two scenarios that could happen at the moment of death: a black screen when consciousness disappears or the possibility that there is more. Since no one can know until that moment occurs, this book prepares individuals for the latter scenario. The author starts his roadmap by helping readers face the fear that is often companion to death, and theories on biological causes of aging, with practices for aging prevention. The book also covers causes of death, from medical factors to traffic accidents. The Final Journey then addresses the dying process, and also provides insight on caring for a dying...



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