



## My Resurrected Heart: A Codependent s Journey to Healing (Hardback)

By Diane Vernitsky Jellen

WestBow Press, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The story of one woman s life with an alcoholic spouse will resonate with anyone dealing with a loved one s addiction. After her husband moved out, author Diane Jellen sought professional counseling and learned that she had played a leading role in the family drama. In order to achieve spiritual and emotional recovery, she had to deal with her own issues including: Denial Stigma of addiction Shame Blame Family secrets Divorce Financial loss Inability to trust This forty-day devotional memoir details Jellen s slow but progressive recovery from crippling codependent behavior to self-respect. Follow Diane on her healing journey and learn how you, too, can face your fears and overcome your shortcomings. Along the way, you will discover that it s okay to love and respect the person God designed you to be.



**READ ONLINE**  
[ 6.15 MB ]

### Reviews

*It becomes an incredible book that we actually have possibly study. It really is rally exciting throgh studying period of time. I am very easily could get a satisfaction of reading through a written book.*

*-- Gianni Hoppe*

*A really awesome pdf with perfect and lucid reasons. It is actually rally fascinating throgh reading period of time. Your lifestyle period will probably be transform as soon as you total looking over this ebook.*

*-- Alford Kihn*