



## Taoism: A Friendly Beginners Guide on Taoism and Taoist Beliefs

By Jordan Jacobs

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Taoism For Beginners: The Philosophy Of A Happy Life A Friendly Beginners Guide On Taoism And Taoist Beliefs Taoism teaches the basic principles of living a long and healthy life. The Taoist principles help us understand the inseparable nature of the self and the nature of the cosmos, to participate in the natural flow of events. To gain knowledge about Taoism is the cultivation of a thought process of growth, self-exploration, transformation, and to link our inner self with the surrounding world. This is the way to engage ourselves in the realm of the Tao. What are the implications of Taoism in our daily life? Can we apply the principles of Yang and Yin in our personal life? If we wish to enter the realm of Tao, we need to have the willingness to accept the natural flow of activities and events. If we are aware to the ever-changing facets of nature, we will have the strength to create harmony. If we aren't aware, we will be affected by self-conflicts due to the circumstances. The first principle...



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