



## Intentional Healing: One Woman's Path to Higher Consciousness and Freedom from Environmental and Other Chronic Illnesses

By Jennie Sherwin

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Intentional Healing: One Woman's Path to Higher Consciousness and Freedom from Environmental and Other Chronic Illnesses, Jennie Sherwin, Intentional Healing is a story of transformation. It is the story of a conservative Western-educated woman confronted with debilitating and bizarre symptoms that no one can explain. No one, that is, until she meets a diagnostic detective, Dr. Leo Galland in New York City, who refers her to a pioneer in environmental medicine, Dr. William J. Rea, in Dallas, Texas. He, in turn, refers her to Deborah Singleton, founder and director of A Healing Place, and her healing team, who introduce her to the possibility of healing from within. With their guidance, she begins the process of expanding her consciousness and understanding the real roots of illness. Her journey, which included initiation into Reiki channeling and healing from Navajo hataali, takes her from dark nights of the soul to not only freedom from illness but also the discovery of her own healing abilities. In her energy practice in Santa Fe, New Mexico, she now teaches others the healing approaches that brought her to wellness and spiritual growth.



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