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Life After Care: From Lost Cause To MBE (Paperback)

By Mark Edwards

Trigger Press, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Trigger Press are proud to announce Theinspirationalseries, partner to their innovative Pullingthetrigger range. Theinspirationalseries promotes the idea that mental illness should be talked about freely and without fear. Find out more at [In this book](#), we follow Mark s journey with anxiety, panic attacks and depression, and we learn about the enduring impact his childhood had on his mental health. His diary entries bring to life the thoughts and feelings of Mark, as a teenager, struggling to understand how he came to be placed in care, and how to deal with his adolescent feelings of loss and love. On the verge of breakdown, Mark tried to take his own life and he was sectioned under the mental health act. We follow his journey from local authority care to the wards of a crumbling Victorian psychiatric asylum, and beyond into life on the streets . This is a heartfelt, true story, of how a troubled young man managed to turn his life around. From being imprisoned in the care system and mislabelled as a violent boy with no hope, we hear how Mark became a successful, happily...



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Reviews

An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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This ebook could be worthy of a read through, and far better than other. I am quite late in start reading this one, but better then never. I realized this publication from my dad and i advised this publication to learn.

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