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250 Ketogenic Fat Bombs: The Big Book of Sweet and Savory Snacks (Extra Fat Bomb Dip Recipes) (Paperback)

By Gloria Lee

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.250 Ketogenic Fat Bombs -Largest Fat Bomb Cookbook On Amazon! Grab this GREAT physical book now at a limited time discounted price! The Ketogenic Diet is a fantastic solution to maintaining a healthy diet and healthy weight while consuming absolutely delicious foods! This diet allows consumption of foods high in fat to generate energy whilst also promoting fat loss. Fat bombs are the healthy go-to quick snack for all ketogenic fanatics out there! But, don t worry! You can still enjoy these quick, healthy and yummy snacks that provide bucket loads of energy without practising the ketogenic diet. With 250 Simple Ketogenic Fat Bomb recipes, this is the biggest fat bomb cookbook on Amazon! All recipes are easy to make, and are perfect on-the-go snacks for those that choose to live a busy lifestyle. With a huge variety of the best fat bomb recipes at your fingertips, you will never be dissatisfied from eating the same old fat bombs over and over again. Click on the preview section of my cookbook to take a sneak peak at the different...



Reviews

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