

The Self-Regulation of Health and Illness Behaviour (Hardback)

Filesize: 7.08 MB

Reviews

This ebook could be worthy of a read through, and far better than other. I am quite late in start reading this one, but better then never. I realized this publication from my dad and i advised this publication to learn. (Stefan Von)

THE SELF-REGULATION OF HEALTH AND ILLNESS BEHAVIOUR (HARDBACK)



Taylor Francis Ltd, United Kingdom, 2003. Hardback. Book Condition: New. New.. 236 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****. Self-regulation theory focuses on the ways in which individuals direct and monitor their activities and emotions in order to attain their goals. It plays an increasingly important role in health psychology research. The Self-regulation of Health and Illness Behaviour presents an up-to-date account of the latest developments in the field. Individual contributions cover a wide range of issues including representational beliefs about chronic illness, cultural influences on illness representations, the role of anxiety and defensive denial in health-related experiences and behaviours, the contribution of personality, and the social dynamics underlying gender differences in adaptation to illness. Particular attention is given to the implications for designing effective health interventions and messages. Integrating theoretical and empirical developments, this text provides both researchers and professionals with a comprehensive review of self-regulation and health.

Read The Self-Regulation of Health and Illness Behaviour (Hardback) Online
Download PDF The Self-Regulation of Health and Illness Behaviour (Hardback)

You May Also Like

=
-

Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on... Download eBook

-	J

The First Epistle of H. N. a Crying-Voyce of the Holye Spirit of Loue. Translated Out of Base-Almayne Into English. (1574) Eebo Editions, Proquest, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now... Download eBook

»

»

-

Design Collection Revealed: Adobe InDesign CS6, Photoshop CS6 Illustrator CS6

Cengage Learning, Inc, United States, 2012. Paperback. Book Condition: New. 236 x 190 mm. Language: English . Brand New Book. THE DESIGN COLLECTION REVEALED provides comprehensive step-by-step instruction and in-depth explanation for three of today... Download eBook

	_	

Adobe Photoshop CS6 Revealed (Hardback)

Cengage Learning, Inc, United States, 2012. Hardback. Book Condition: New. 236 x 193 mm. Language: English . Brand New Book. Adobe Photoshop has long provided cutting edge technology for sophisticated digital editing, and ADOBE PHOTOSHOP... Download eBook

_
-

Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to... Download eBook

»