



Directive Hypnotherapy and a Self-Hypnosis Manual

By MD Louise Ireland-Frey

Cedar Canyon Press, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Directive Hypnotherapy is a summary and handbook of a lifetime s experience, by a medical doctor, on the use of hypnosis therapy to help patients. Hypnotherapy is a fundamental type of therapy in which the therapist places the client into an altered state of consciousness and then speaks to the client s subconscious mind. The therapist gives the patient s subconscious mind directions and suggestions, which then serves to assist the client going forward.



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