



Entering Light (Paperback)

By Chris Vuille Ph D

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Entering Light was written as a result of a single moment, during which the author, a physicist, perceived the world and self as it truly is: an undivided whole. In this book the spiritual experiences of the East and West are accurately described, including samadhi and the deep insight that conveys direct understanding of the nature of consciousness and nonduality. That insight is key to understanding love. A practical treatise, the author shares his personal experiences, understanding, and practices with the hope of helping others find their way to a happier, healthier, and more vital life. Essays address the human condition, the nature of consciousness, understanding unhappiness, prejudice, love, the varieties of religious experience, meditation and transcendence. Also included is an essay on practical spiritual living, with a short primer on yoga. As related in this book, everyone can discover understanding for themselves.



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