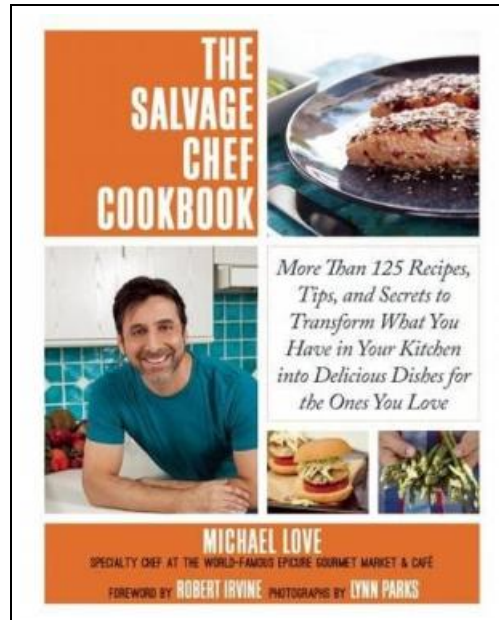


The Salvage Chef Cookbook: More Than 125 Recipes, Tips, and Secrets to Transform What You Have in Your Kitchen into Delicious Dishes for the Ones You Love (Hardback)



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*This publication is amazing. It is actually loaded with knowledge and wisdom You will like the way the blogger write this publication.
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Skyhorse Publishing, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book. How much food do you throw away every day? The Salvage Chef Cookbook is far more than a book of 125 scrumptious recipes; it begins by demonstrating to readers how to both increase food shelf life and determine when food is truly spoiled. What then follows is a collection of easy recipes for cooks of all levels. Families throw away perfectly edible yet overlooked food every day, as they often aren't savvy enough in the kitchen to stretch their hard-earned dollars and salvage the food they have in their refrigerators and pantries. How much time do you spend staring at last week's groceries, wondering if you can make a hearty meal with half a box of rice, wilted spinach, or leftover grilled chicken? Can you incorporate those overripe bananas or week-old strawberries into a breakfast or dessert that will satisfy your family? According to Chef Michael Love, you can. Instead of running to the store or ordering take-out, you can more often than not make use of what you have on hand. The food in your kitchen can and should be salvaged. Chef Love's recipes show you how to creatively transform what you currently have into surprising, delectable, and delicious family meals. Love also provides an accessible and innovative Salvage Index--a comprehensive list of both fresh and leftover items designed to help readers decide what meals they can prepare from the ingredients they have. The Salvage Chef Cookbook is a culinary must-have featuring old favorites reimagined through the use of salvaged food to create dishes both familiar and exciting. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling,...



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