



Biologically Informed Psychotherapy for Depression

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The Guilford Press, 1996. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: 1. Biological Models of Depressive Disorders: Historical Perspectives, Genetic Hypotheses, Neurotransmitter Hypotheses, Neuroreceptor Regulation Hypotheses, Neurohormonal Hypotheses, Circadian Rhythm Hypotheses, Kindling and Behavioral Sensitization, Anatomic Substrates, Psychopharmacological Treatment. 2. Changing Models of Psychopathology: Psychodynamic Models, Biological Models 3. The Symptoms of Depression: DSM-IV Criteria, Mood Symptoms, Vegetative Symptoms, Cognitive Symptoms, Suicidal Thoughts. 4. The Language of Depression: Effects of Depression on Interpersonal Relationships, Effects of Depression on Productive Capacities: Burnout, Impact of Depression on Identity and Self-esteem, Developmental Consequences of Depression, Depression in "More" and "Less" Healthy Personalities. 5. How to Conduct Biologically Informed Psychotherapy for Depression: General Considerations and Strategies and Strategies; Education; Psychodynamic Understanding in Depression; Coping Skills Exploration, Training, and Support; Work with Significant Others; Psychotherapy of Psychopharmacological Treatment; Managing the Suicidal Patient. 6. Treatment Planning, Design, and Conduct: Assessment, Structure of Treatment Sessions, Length and Frequency of Treatment Sessions, Conduct of the Psychotherapist, Transference and Countertransference Issues. 7. Comparison with Other Psychotherapies for Depression: Theoretical Constructs of Pathology and Etiology of Depression, Goals and Implementation of Psychotherapy, Techniques and Practices of Psychotherapy, the Psychotherapeutic Relationship, Limitations and Potentially...



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