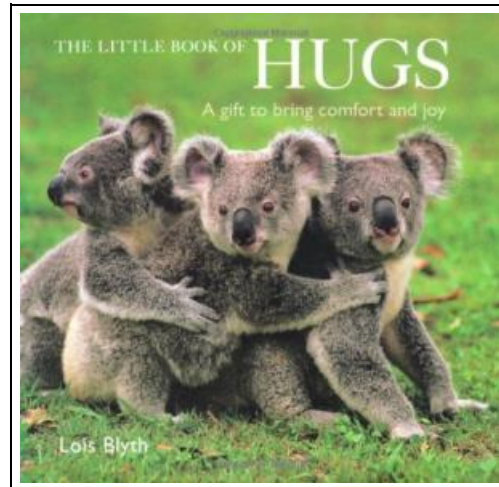


The Little Book of Hugs



Filesize: 5.65 MB

Reviews

Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me).
(Myrl Hintz)

THE LITTLE BOOK OF HUGS



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CICO Books. Hardback. Book Condition: new. BRAND NEW, The Little Book of Hugs, Lois Blyth, Sarah Sutton, This inspirational and uplifting collection of quotes and stories is a celebration of hugs in all their guises. A hug is one of the most basic ways two (or more) human beings touch. There is power in a hug. A hug can break down barriers that sometimes words cannot do. At times, it can speak more than any words can say. We bond with a hug. We find comfort with a hug. We greet and separate from each other with a hug. We establish human contact and interaction with a hug. The beauty of a hug is in its simplicity. The gesture towards another human being, known or unknown, is easy. It costs nothing but is a simple act of caring and kindness. The Little Book of Hugs looks at all aspects of hugging, from stress-reducing health benefits to hugging etiquette, different hugs for different occasions, hugging quotes and anecdotes, and information about the hugging "community". This beautifully illustrated book has been created as a gift that is a joy to give as well as receive and will enrich the life of whoever reads it.



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