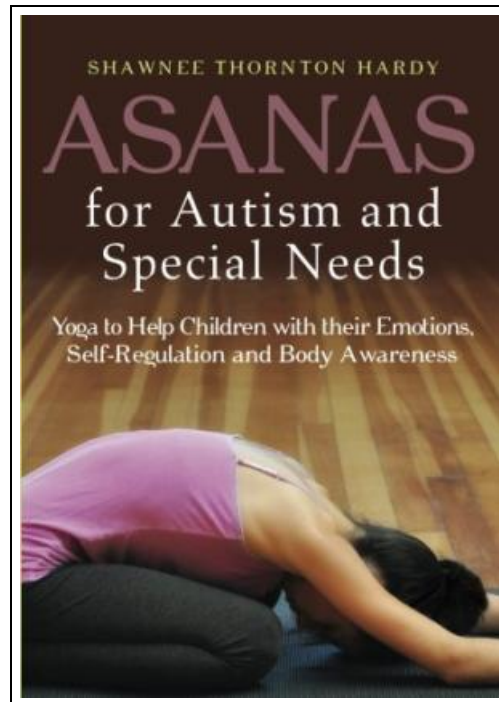


## Asanas for Autism and Special Needs: Yoga to Help Children With Their Emotions, Self-Regulation and Body Awareness



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