



Jar: Mason Jar Meals, Jar Recipes Cookbook (Paperback)

By Tim Luther

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The recipes use simple ingredients to create a homemade meal or snack that s as easy to use as a store-bought mix. You do the hard part, while the recipient sits back and enjoys. Healthy, Quick, and Easy to Prepare, Practical, Versatile, Convenient, Grab and Go, Meals in Jars are just that and More! From planning make ahead meals to proper storage for your meals, you ve learn everything you need to know about preparing mason jar meals. Are you always in a rush packing your lunch in the morning? Or do you pick up takeout for lunch and dinner? Discover how easy it is to prepare meals in advance, so you can grab and go for breakfast, lunch and dinner. Choose from a wide variety Mason Jar Meals Salads Breakfasts Meals Desserts This book is also packed with easy to make and downright affordable recipes that you can make in the comforts of your own home. You don t have to be chef to whip up delicious meals. With this guide, you can impress your family and friends with tried...



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